



Rotary
DISTRICT 3000



ROTARY CLUB OF DINDIGUL QUEENCITY
Chartered on 23.06.1999
CLUB NO 052305

August
Membership and New Club Development Month

Queens Herald



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RI President 2024-25



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QUEEN'S YEAR FOR CERVICURE

LET'S CREATE A
CANCER FREE
WORLD

VACCINATE
OUR GIRLS



Editor's Note

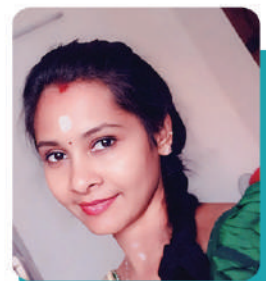
Dearest Rotarians,

July is the month of several days and events that not only highlight various important social issues but also encourage people and governments all over the world to take action. July also brings a variety of reasons to celebrate! From honoring those who keep us healthy to recognising global achievements, this month is packed with important days and dates. Some of the important days and dates in July include National Doctor's Day, National Youth Day, World Nature Conservation Day, International Tiger Day International International Friendship Day, and many others.

Queencity acknowledged the importance of each day and projects were planned and executed with high preference noting down the importance of the month. Each day was busy with more and more queens participating and pouring in new ideas to make the projects more successful.

Many questioned me on how to write a Bulletin and this made me think what am I writing?????? And the answer is very simple, I write what I see and what I feel. Our own experiences are lessons that are deeply rooted in our hearts. Actively participating gives you a wonderful experience and the bulletin is just an extension of the same... our experiences!!!! And I am sure everyone feels the same when you give yourself in Rotary.

The bulletin has turned the spotlight on the contributions made by the Club. We are running out of pages to cover our projects and events. We are telling stories that are experienced and have a greater impact. So always tune into our bulletin. I am sincerely thankful for the encouraging words, support, and opportunity for the betterment of the bulletin as it is the driving force that took me and everyone ahead of yesterday.



Aarthy Mukesh,
Editor,

Rotary Club of Queencity Dindigul.

RI Presidential Address-Toward a greater vision

If we are to truly change the world with The Magic of Rotary, it's up to all of us to foster a sense of belonging in our clubs. But every club should take its own path to get there, and the Action Plan can help you find your way. What does that look like?

Take for instance the Rotary Club of Beveren-Waas in Belgium. It was chartered in 1974 but has evolved with the times, developing both a strategic plan and a membership plan. To find new members, the club analyzes the city's professions to help focus its search, and all new members are quickly assigned tasks and roles.

The club also mixes up meeting times, alternating between evening and afternoon sessions, making them accessible for all members.

Sometimes, circumstances force clubs to make changes. But as people of action, we know that behind every obstacle is an opportunity.

The Rotary Club of Holyoke in Massachusetts was forced from its meeting place because of rising costs after the COVID-19 pandemic, but members took this setback and turned it into a strength. The club started meeting in a library community room that was available for no charge and catering lunch from a nearby deli. Lunch costs \$10 per person but it's optional, so no one has to spend money to attend a meeting. What a great way to work toward being "fair to all concerned."

Since making this change, the Holyoke club has gained 13 members. I suspect part of its membership growth is due to the club's sense of inclusivity — the first step toward belonging.

If you ask members what they expect from the club experience, you might find that your club doesn't meet expectations. Think of this as an opportunity to reshape your club in exciting ways, as alternative club models are making a positive impact.

For example, a Rotary Fellowship called Beers Rotarians Enjoy Worldwide, or BREW, has worked closely with the Water, Sanitation, and Hygiene Rotary Action Group for the past eight years to assist with clean water projects. In that time, BREW has funneled 25 percent of its dues to those initiatives.

BREW is one of many examples of members pursuing belonging to improve the world.

I can't stress enough the importance of belonging. Clubs become simply irresistible when all members feel that they are exactly where they need to be. To me, belonging is the spark that ignites The Magic of Rotary .

As you receive feedback from club members and the community you serve, I urge you to pursue that spark. The Action Plan can help you find the path to success, and if you light your way with the spirit of belonging, that path will lead to a bright future for your club, your community, and the world.



Rtn. Stephanie Urchick
RI President 2024-25

Presidential Address

இனிய நட்புக்களுக்கு, வணக்கம்.

ஆசை மகள் நிறைவேற்றித் திரும்பிய நொடி, தாய்ப்பால் வார விழாவை துவங்கும் புள்ளிக்கு நகர்ந்து விட்டோம். ஒன்றில் துவங்கிய நாள் கண்மூடி திறப்பதற்குள் முழு திங்களாக நகர்ந்துவிட்டது. என்ன வேண்டும் என்று கேட்டு பரிமாறுவது போல என்ன தேவை என்று கேட்டுச் சேவை செய்வதில் அகம் நிறைந்து கொண்டே இருக்கிறது.

உறுப்பினர்கள் எண்ணிக்கை, என்பது ரோட்டரியின் பெரிய சவால். உறுப்பினர்களின் விருப்பங்களுக்குச் சரியாக, தீனி போடும் வகையில் திட்டங்கள் தீட்ட வேண்டிய கட்டாயத்தில் இருக்கின்றோம். எங்களுடன் இணைந்து பயணப்பட வர இருக்கும், புதிய முகங்களை வரவேற்கக் காத்திருக்கின்றோம். நண்பர்கள் தினத்தில் துவங்கப் போகின்ற இந்த மாதத்தில் மேற்கு மற்றும் கோட்டை ரோட்டரி சங்கத்தினருடன் ரக்ஷாபந்தன் கொண்டாட்டங்களுக்காகவும் தயாராகிக் கொண்டிருக்கிறோம்.

ஒவ்வொரு இன்ட்ராக்ட் பள்ளியிலும் புதிய மாணவர்களை சந்திக்கும் போதும், அரசு மருத்துவமனையில் காத்திருக்கும் போதும், இந்த 30 நாட்கள் புதுப்புது அனுபவங்களைக் கற்றுக் கொடுத்திருக்கிறது. மனதின் வேகத்திற்குக் கடிவாளம் இடும் விதத்தைக் கற்றுக் கொடுத்திருக்கிறது. கற்றுக்கொள்ள தயாராக இருக்கும் வரை வாழ்க்கை சுவாரசியமாக, அழகாகிக் கொண்டிருக்கிறது.



Rtn. Kavitha Senthil Kumar,
President,
Rotary club of Queencity, Dindigul.

Spectacular moments of July 2024.



July 1st Doctor's Day

"Rotary year starts with National Doctor's Day". The theme for National Doctors' Day 2024 in India is "Healing Hands, Caring Hearts." This theme emphasizes the dedication and compassion that doctors bring to their practice every day.

National Doctor's Day is celebrated on July 1st every year to honor the significant role physicians play in our lives which is incomparable. They work around the clock sacrificing their time just to save a life whom, they never knew.

We take pride in honoring our members and non-members who selflessly render service to the community. With lots of admiration and respect, Queencity planned a surprise visit to doctors to personally wish them and gift them an office tote bag. The Doctors were indeed very much surprised and dedicated their time to their busy schedule. They were astonished by the unexpectedness and were overjoyed.



Dr.Sharmila



Dr.Saroja Velusamy



Dr.Balasundari



Dr.Mahalakshmi



Dr.Senthilkumar



Dr.Mythili Chinnaraj



Dr.Shalini



Dr. Sunitha



Dr.Balaguru



Dr. Shadhana



Dr. Muralidharan

July 3rd யாதுமானவள்



Empowering girls is the key to economic growth, political stability, and social transformation. When a girl is educated, there's so much she can achieve a good job, higher income, healthier children, and improved wellbeing for her family and community. Help empower girls now is the motto of organizing யாதுமானவள் Event. The event was organized by RC of Dindigul Queencity along with RC of Virudhunagar and the soft skill Centre of M.V.Muthiah Government Arts College for Women, Dindigul. 1000 students from MVM College participated along with members of Dindigul Queencity and members from other Clubs.

Dr.Jayathashri Balakrishnan's speech captivated the students and members right from the start. This made a huge impact on the students in understanding themselves and the power of women. The interactive session made it clear that the girls are empowered and are moving on the right path to success and will build a better community in the future.



July 3rd Cervi Cure Awareness at MVM College

Having awareness gives us the power to influence outcomes; helps us become better decision-makers and gives us more self-confidence. We can communicate with clarity and intention, which allows us to understand things from multiple perspectives. The core project of creating Cervie cure awareness was given to students of MVM College. The awareness reached about 1000 students. Many of the students did not know the same and have assured to create awareness within their families and friends. Thus the chain of creating awareness has been started.



July 9th Cervi Cure

Ms. Kanimozhi Karunanidhi is an Indian politician, poet and journalist. She is a Member of Parliament Representing Tuticorin constituency in the Lok Sabha.

Cervie Cure Project is the core project for Queens this year and who else can make an impact in creating awareness for the same? Hence Our Honorable MP Ms.Kanimozhi was approached by our member Rtn. Chitra Jeyan to help us regarding the same.



July 9th Inter-District Meeting



The mission of the Inter-District meeting is to connect people in facilitating the creation, development, and progress of an effective and sustainable network of bilateral relations and activities to catch all opportunities in a tuned effort to promote the objectives of Rotary. A strategy that looks ahead in paving the way for stronger, positive, effective relations among different places, engaging diversity, and overcoming barriers.

Inter – District meeting with RC of Tamiraparani, Tirunelveli (Dist 3212) at AP's Garden, Tharuvai, was organized.

Queens were given a warm welcome. A feeling of trust and friendship was felt between the Clubs. PDG Rtn.Arumugapandian highlighted the need for executing major projects and his experience and insights were inspiring. Queens were very much impressed by the projects undertaken by them. Queens highlighted The Cervie Cure project. AG Rtn.Chitra Ramesh handed out flyers on Cervical Cancer emphasizing the importance of the same.

The Event not only built friendships but also forecasted a relationship between the two clubs for joint projects and knowledge sharing.



July 11th speaker meeting with Rtn Major Donar G.Sundararajan

Our Club meeting was organized on June 11th at RKG Rotary Hall. The first Club meet is always organised with **Rtn Major Donar G.Sundararajan**, the philanthropist as a sentiment that has been carrying on for years. He is a father to all of us who have and are always guiding us, motivating us, and encouraging us in every possible way to make us a better person in every way. Over the years Queens have learned a lot, yet hearing him again reminds us what we should do in an altruistic way. Feelings of empathy, compassion, humility, and agreeableness, are associated with his increased generosity.

We are thankful for the wonderful time he had given us. We are grateful for his generous contribution of **Rs.40000/-** towards the Cervi Cure project and **Rs.10000/-** towards sports tournaments for Government School children.



July 14th Rotaract Club Orientation @ St. Antony's College for Women



Rotaract clubs bring together people ages 18 and older to exchange ideas with leaders in the community, develop leadership and professional skills, and have fun through service. In Dindigul, Queencity, as a mother club and Rotaract members work side by side to take action through service. Rotaract sponsor colleges were reached out to start our duties on time. Electoral Bodies have been finalized through elections to take in their roles at St. Antony's College for women. Students chose their roles based on their areas of interest.

Their enthusiasm and energy were much appreciated and the students were oriented towards the Rotary organization, Rotaract Club, and their roles and responsibilities by Rtn Dr. Surya, Rotaractors of RAC Agaram. The Rotaract Club members were very enthusiastic to be a part of the club and many vocational service projects were finalised on Day 1. The Rotaract Students identified their need for vocational training and approached us for the same. It was tough to meet the needs of the students yet Queencity has overcome the struggles as usual vocational every 2 weeks have been planned and we will talk a lot about it every month as and when things happen. Queencity is happy to work and guide them through their needs as it's their interest that makes the club successful.



July 14th District Leadership Seminar

10 of our Members registered for the District event and 5 of them could attend the seminar.

Rtn Kavitha Senthil Kumar, Rtn Parkkavee Santhosh, Rtn Chitra Ramesh, Rtn Vijaya, and Rtn Kogila attended the event and gained much knowledge from the eminent speakers. The seminar gave them a great understanding and insight about leadership in their business compelling way. It also paved the way for them to get connected with other Rotary members from other clubs.



July 15th Vocational training @ St. Antony's College for Women



Vocational Training is training for a specific occupation in agriculture, trade, or industry through a combination of theoretical teaching and practical experience provided by many schools or professionals. A workshop on basic baking was conducted at St. Antony's College for women jointly with the Rotaractors of the college by Ms. Dhivya, founder, of Pat-a-cake. This training aimed at professional knowledge about baking and to build entrepreneurial skills for the students. The students grasped the baking techniques easily and enjoyed it thoroughly. They have also promised to form groups and bake them periodically and sell the same. Queens has promised the College an Oven if the students actively bake and sell at the college.





July 20& 21 RLI - Rotary Leadership Institute

The purpose of RLI is to give you the skills and competencies to be an effective leader in Rotary. Rotarians new to Rotary and even those with many years of service will benefit from learning how we can create strong clubs with vibrant members who are engaged and committed to Service above Self. Rtn Chithra Ramesh, Rtn Yuvasharatha, and Rtn Sowmiya Vijayakumar finished their RLI 1&2 and Rtn Kavitha Senthilkumar and Rtn Parkkavee are the first RLI graduates of our club.



July 20th நூலா முற்றம்



Traditions are ideas and beliefs passed down from one generation to the next. They are not rules but rather guidelines. Tradition reinforces values such as faith integrity, the value of being selfless, etc. This month **நூலா முற்றம்** focused on the same by playing traditional games. We learned about various proverbs with their true meanings. Queens were amazed and shocked to know the true meaning of proverbs which are now practiced and used in a different meaning. The traditional games also brought out the inner child within us. Dinner was prepared in millet and served in a healthy way, which was enjoyed by everyone.



July 23rd Community Service @Rotary Blossom.



Intellectual disability is not a disease and cannot be cured, however, early diagnosis and ongoing interventions can improve adaptive functioning throughout one's childhood and into adulthood. With ongoing support and interventions, children with intellectual disability can learn to do many things. Blossom was the District Project started 10 years back and is successfully running and meets the various needs of those children in need. Regular health checkups, physiotherapy, and daycare for the children are provided. Queens also provided vocational training to the mothers of the children while they waited for the Child's treatment. With lots of support over the years, parents who went through vocational training are making baskets, all-purpose oil, phenol, and liquid detergents. Tailoring courses are also provided by the parents of the children. This vocational training helps the parents to take care of their special kids and get proper treatment. The parents and the children are met periodically and Queens are working around the clock for the betterment of the children.



July 24th Cervi Cure Awareness Camp @ St. Antony's College for Women



The ultimate aim of the Cervi Cure awareness campaign is to encourage behavioral change! Learning more about a disease or illness and understanding the steps that can be taken to prevent it, gives people the knowledge and confidence to make positive and lasting lifestyle changes. Rotaract Club of St. Antony's Women's College along with Queens invited gynecologist Dr. Balasundari, Dharshini Hospital, Dindigul to create awareness of Cervical cancer. The cause, vaccine to prevent cancer and treatment of the same was elaborated in the seminar. Cervi cure awareness pamphlets were distributed to the students and Professors. How and where to vaccinate themselves, family, and friends were addressed to the students. The Students actively participated and guaranteed to vaccinate themselves and spread the word about cervical Cancer vaccines. Rotaract President Aparshana Banu and Secretary Tharika Shree organized and presented the seminar Beautifully and the Rotaract members also deserved a huge applause for their enthusiasm.



July 25th ஆசை மகள் (தாய் சேய் நலத் திட்டம்)



Maternal health refers to the health of women during pregnancy, childbirth, and the postnatal period. Each stage should be a positive experience, ensuring women and their babies reach their full potential for health and well-being. ஆசை மகள், the Governor's project designed in July was executed at Government Hospital Dindigul. Our members Rtn.Rani, Rtn.Geetha sivaraman, Rtn.Ramathilagam, Rtn Kogila Sponcered for the event. Rtn Ramesh from Rotary Club of West Sponcered garlic for the expecting and new moms. Rotary Club of Oddanchatram Elite also joined the event with the Queens and sponsored Bangles for the expecting moms. Expecting mothers in the last tri semester were met and given awareness about how to take care of their health and other issues related to pregnancy. Nighties, garlic, and various utilities needed at the hospital were distributed to the needy. Queens especially thank Dr.Shalini, our member, who took lots of time to meet various personnel at the Government hospital and collected information on what is needed for young mothers, and the same was provided at the hospital.



July 25th Clubfoot visit



Treatment for club foot usually starts within 1 to 2 weeks of your baby being born. The main treatment called the Ponseti method, involves gently manipulating and stretching your baby's foot into a better position. It's then put into a cast. This is repeated every week for about 5 to 8 weeks. Every week on Thursday, Clubfoot treatment is undergoing at the Government Hospital. The Queens visited the club foot center and took care of the needs of the project. Emotional support was provided by the queens to the parents and relatives of the children

Picture of the Month



புகைப்படங்கள் எடுப்பது எனக்கு மிகவும் பிடித்த விஷயங்களில் ஒன்று. புகைப்படம் என்பது குறைந்து போன காலம் தானே. கேமராவின் கண்கள் வெளியே பார்க்கும் உலகம் ஆழமான கவித்துவமாக இருக்கும். என் பார்வையில் இந்த புகைப்படம் எங்களுக்குள் தீர்க்கமான நம்பிக்கையை விதைக்கிறது

- Rtn Kavitha

July 29th Nature Conservation



The most obvious reason for conservation is to protect wildlife and promote biodiversity. Protecting wildlife and preserving it for future generations also means that the animals we love don't become a distant memory. And we can maintain a healthy and functional ecosystem. Queens along with Rotaract Club of St. Antony's College for Women organised a seminar on Nature Conservation for the students in the Department of Zoology and Chemistry. Around 300 students benefitted from the same. A photographer and wildlife documentary filmmaker talked about human-wildlife conflicts in India, his long and tedious work process and the lessons he has learned during his career spanning two decades, documenting lives of all kinds. He explained about few species which are in the verge of extinction. He also highlighted about the career opportunities in conservation of wildlife and how much one can accomplish in the career. The students gained a lot of insights about the need of nature conservation and how they can help in saving the environment for us and future generations.



July 30th மகிழ் மனங்களின் மகிழ் உலா A Trip to Vaigai Dam



Queens and Dindigul District Rotary Blossom organised one day trip to Vaigai Dam for the children and parents who are taken care in Dindigul Blossom centre maintained by the Queens. The trip started with the Flag off ceremony by Rtn Bhavanji Patel, Regional co-ordinator. Trip bought out smile from the children and the parents. The children enjoyed the games organised for them and food arranged for them. The parents were thankful for the trip as it served to let out their stress while taking care of the children. The special children who was taken away from their routine observed new things closely and experiences new things apart from their closed community.



July 31st Queen's Jaunt



The Queen's Jaunt of this month had been scheduled to go to Viralimalai Murugan temple and Sittanavasal. The queens had a good time at the rich heritage sites and were mesmerized by the beauty of the place, which is adorned with colorful murals painted on wet lime plaster, over the stone surface.



July 31st Inter Club meet



Along with the Queens Jaunt, Inter club meet was organised with RC of Pudukkottai Maharani Club. Queens had a warm and friendly welcome and lunch with the Maharanis. We exchanged friendship bands as we got to know about them. Queens spoke about the core project Cervi Cure, and issued pamphlets creating awareness of the same. Through inter club meet, members were encouraged and motivated. Ideas are shared and discussed.



New Interact Clubs

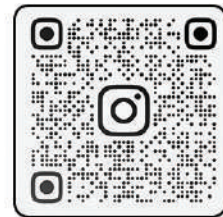
Queen City Club has been enhanced with the addition of two new Interact Clubs this year.

In the last two years, SBC Academy has been actively participating as an Early Act Club, and has become an Interact Club this year.

Another gem in the crown, a new Interact Club was initiated at Thambithottam Matriculation Higher Secondary School by Queencity.

Queens has applied for these schools to be part of the Interact Club, and they will receive the charter by the end of the month. Orientation about the roles and functions of the Interact club was given at SBC Academy and Thambithootam School. Charter office bearers were elected and they are eagerly waiting for the day to be officially inaugurated.

SBC School



Thambithottam Higher Secondary School



Interact Club Installation

Interact stands for International Action. It is a kind of junior Rotary Club for young people between the ages of 14 and 18. All Interact Clubs are part of the Rotary International organization and every club must be sponsored by a Rotary Club. The purpose of Interact is to provide opportunities for young people to work together in a world fellowship dedicated to service and international understanding. As a part of our commitment to the schools, Queencyty has been reaching out to our sponsor schools and has installed the new President and Secretary of the respective schools.

The students, teachers, and the newly elected body were full of pride and energy to be a part of the club and wanted us to give info about the functioning of Rotary and how it will be useful to them in learning as well as for their future. They also actively participated and showed immense interest in this year's program and have been in touch with us for trash to trees and புத்தக சிறகுகள் events.

Om Shanthi School



TPKN School



Kasthuribai Memorial School, Gandhigramam



Upcoming Events

DATE	EVENTS
Aug 5	Donating Benches and Desk to Interact School
Aug 5	Friendship Day Celebrations
Aug 7	Breast Feeding Week Celebration at Dindigul GH
Aug 11	Membership Seminar - District Event at Perambalur
Aug 13	New Member orientation
Aug 14	புத்தக சிறகுகள்
Aug 15	Independence Day Celebration at St Antony's college
Aug 18	Rakshabandhan Celebration
Aug 19	நீலா முற்றம்
Aug 20	Vocational Training at Hari Tailoring
Aug 23	Queens Jaunt
Aug 27	Board Meeting
All Thursdays	ClubFoot

Birthdays

Wishing Beautiful Queens remembering their Birthday *"On your special day, may you feel as awesome and extraordinary as you make everyone else feel every day. Happy birthday, my amazing friend!"*

Aug 7th : Rtn Anu Rajan

Aug 13th : Rtn Dr. Maha Lakshmi

Aug 14th : Rtn Vergin Sumitha

Aug 15th: Rtn Priyadharshini P

Anniversaries

Wishing Beautiful Queens remembering their Anniversary *"Wishing you both a lifetime filled with adventure, laughter, and endless love."*

Aug 22nd : Rtn Valarmathi

Aug 26th : Rtn Geetha Sivaraman

Aug 27th : Rtn Sri Hari Priya

Aug 31st : Rtn Shakthi Sri

For more updates check into your what's up group.

For Publishing any articles, write ups, news and info on projects, new ideas for bulletin - 9842171610

புத்தக சிறகுகள்

புத்தக சிறகுகள் மாணவர்களிடையே தமிழ்ப் புத்தகங்கள் வாசிப்பை ஊக்குவிக்கவும், புத்தகங்களை பல்வேறு கோணத்தில் அணுகும் முறையையும் அவற்றை ஆராய்ந்து விமர்சிக்கும் விதத்தையும் ஊக்குவிக்கும் திட்டம்.

Books have been given out for the children for புத்தக சிறகுகள் event which is scheduled to happen on August 14th, 2024. The Schools have also asked our opinions and expertise for better planning of their clubs at school.

