



UNITE
FOR
GOOD



ROTARY CLUB OF DINDIGUL QUEENCITY

Chartered on 23.06.1999

CLUB NO 052305

DISEASE PREVENTION AND TREATMENT MONTH

Queens Herald



Rtn. FRANCESCO AREZZO
RI President 2025-2026




Rtn. J. KARTHIK
District Governor 2025-2026

Rtn. RAJATHI KAMALAKANNAN
President

Rtn. AMSAVALLI PANDIAN
Secretary

Rtn. AARTHY MUKESH
Editor

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EVERY DROP FUELS ROTARY'S MISSION

Editor's Note

Dearest Rotarians,

Most of us are driven today by work, goals, ambition and so on. We feel that we will lose the edge if we don't stay on top of everything and there's this fear of missing out which forces to stretch ourselves beyond what we can reasonably do. We do it at the cost of our health, spiritual and physical well-being, and at the expense of things that really matter to us. I am not denying the fact that the world is uber-competitive, but if you look around those who lead a more balanced life, they are growing and doing just fine.

When asked in near end of life, what is that one missed out or the greatest regret in life, the answer is not spending more time in work or getting a propertyits spending time with their family or a family feud not addressed properly or guilty of being in part of the same. Everything is impermanent, nothing is going to last. There is nothing like watching your time here on this earth. Let's get our priorities straight. We don't know what will happen tomorrow. Each one of us is inching towards the final moment.

It's not worth to waste our time on petty emotions, resentment etc. Our life is a vapour that appears for a little time and then vanishes away. Slow down, pause, and stop. Which path you wish to walk is entirely your prerogative. Just be mindful what you do. Life is so simple. Spend quality time with your family, friends. Do things gracefully.

Our inner world is a beautiful place. Add ocean of bliss, the colours of spring, a phase of autumn, the warmth winter sun of forgiveness and beautiful moonless nights studded with stars of our random acts of kindness. Our life is not just about us, we are all together waiting to be sprouted. Let grow into a giant laden tree full of fruits of love and kindness.



Aarthy Mukesh,

Editor,

Rotary Club of Queencity Dindigul.

RI Presidential Address

This month's special issue of Rotary magazine is all about happiness, that most elemental of human yearnings. More than a feeling, though, this state of positive well-being, and the conditions necessary to create and sustain it, should be considered a universal right.

December also marks Rotary's Disease Prevention and Treatment Month, when we highlight our members' work to promote health and wellness, including mental wellness. Globally, nearly 1 in 7 people have a mental health disorder, according to a recent World Health Organization report. Yet only 9 percent of people with depression receive adequate treatment.

We are fortunate in Rotary to have a powerful way to support emotional well-being and happiness: friendship. The connections we build in Rotary can be a powerful force for change. I know this from personal experience.

When my fellow members first proposed that I become club president, I demurred. I had a stutter. I was terrified of speaking. But having club members who supported me and surrounded me with affection enabled me to face my fear, and I found a way to stand confidently before a crowd.

Today, I regularly address audiences — some numbering in the thousands — in a language that is not native to me. The Rotary members in my life helped me create lasting change within myself.

That fellowship gives us the courage and means to create lasting change in the world as well, and mental health services are in desperate need of improvement. The WHO reports that governments on average devote only 2 percent of their health budgets to mental health, and only 11 percent of that funding reaches community-based services. In some countries, only one trained mental health professional is available for every 100,000 people. The WHO has called for strategic and urgent action to close the gap.

Rotary can answer that call by championing mental health awareness in our clubs, working with local health systems, funding training for community health workers, and supporting initiatives that bring care to places where none exists. Even small investments in mental health yield enormous returns in productivity, public health, and happiness.

While we are creating lasting change in the world, we cannot forget to take care of each other. Past RI President Gordon McNally wisely reminds us that we must go beyond asking, "How are you?" We owe it to each other to instead ask, "How are you really?"

As we transition to a new year filled with new possibilities, let us Unite for Good — for healing, friendship, and access to happiness.



Rtn. Francesco Arezzo
RI President 2025-2026

Gratitude Note

Queens recognize and are thankful to Mrs. Jeyashri Rajesh, Sister In law of Rtn. Kavitha Senthilkumar for donating Rs.40000/- towards Cervi Cure project.



Presidential Address

ரோட்டரி நண்பர்களுக்கு வணக்கம்

நவம்பர் மாதம் எங்கள் கிளப்பிற்கு மிகவும் பயனுள்ள மற்றும் மகிழ்ச்சியான மாதமாக அமைந்தது.

Our Interact பள்ளிகளின் மாணவர்களுக்காக RYLA பயிற்சி முகாம்வெற்றிகரமாக நடத்தப்பட்டது. Interact மாணவர்களில் வாசிப்பு பழக்கத்தை உருவாக்க "புத்தகச்சிறகுகள் போட்டி" நடத்தப்பட்டது. பல மாணவர்கள் சிந்தனைசக்தியுடன் கலந்துகொண்டு தங்கள் படைப்பாற்றலை வெளிப்படுத்தியது குறிப்பிடத்தக்கது.

Children's Day சிறப்பு நிகழ்ச்சி Rotary Blossom Kids உடன் உற்சாகமாக கொண்டாடப்பட்டது. குழந்தைகளுக்காக சிறிய திறமை வெளிப்பாட்டுப் போட்டி நடத்தப்பட்டது. மேலும் மதிய உணவும் வழங்கப்பட்டது. குழந்தைகள் முழு நாள் சிரிப்புடனும் மகிழ்ச்சியுடனும் கலந்து கொண்டது, எல்லோருக்கும் நினைவில் நிற்கும் நாளாக அமைந்தது.

அதே ஆற்றலுடன், டிசம்பர் மாதத்திலும் மாணவர் மேம்பாடு, சமூக நலன் மற்றும் சமூக விழிப்புணர்வு சார்ந்த பல புதிய திட்டங்கள் திட்டமிட்டு நடைமுறைக்கு கொண்டு வரப்பட உள்ளன. ஒன்றுபட்ட மனதுடன் செயல்படும் போது, நமது சேவை சமூகத்தில் நீண்டநாள் தாக்கத்தை ஏற்படுத்தும். நமது கிளப்பின் செயல்பாடுகளை மேலும் உயர்த்தி செல்ல உங்களது ஒத்துழைப்பிற்கும் தொடர்ந்த பங்களிப்பிற்கும் இதயம் கனிந்த நன்றி.



நன்றியுடன்,
Rtn. Rajathi KamalaKannan,
President, 2025-26
RC of Dindigul Queencity.

Spectacular Moments in the month of November

“November reminds us that service is the warmth we share when the world begins to cool.”

Article By
Rtn.Shakthi Sri



1st -Nov – Leger Note Book Donation

Queencity generously donated specially printed ledger notebooks to the Government Hospital for maintaining detailed records of TB patients. The notebooks were custom-designed as per the hospital's specific requirements and were formally handed over to the concerned authorities for immediate use.



2nd to 7th Nov - Queens' Jaunt And நண்புறம்

The Queens embarked on a memorable 5-day journey across Hampi, Bijapur, and Badami — a perfect blend of heritage, bonding, and joyful moments. In Hampi, the team explored architectural marvels like Virupaksha Temple, Vittala Temple, the iconic Stone Chariot, and Lotus Mahal, each echoing the grandeur of the Vijayanagara Empire. Bijapur offered breathtaking sights such as the Gol Gumbaz and Jamiya Masjid, showcasing majestic Mughal-era artistry. At Badami, the rock-cut cave temples, Agastya Lake, and intricate carvings left everyone spellbound. The trip was

filled with laughter, friendly banter, and lively reel-making moments that captured the spirit of the Queens. Local flavours like jowar roti, yennegai, mirchi bhajji, and holige added a delicious touch to the travel memories.



2nd to 7th Nov - Rotary Flag Exchange

During the trip, the Queens had the wonderful opportunity to meet members of the Rotary Club of Hampi Pearls and the Rotary Club of Hosapet. Flags were exchanged with warmth and pride, symbolizing unity, goodwill, and shared service across districts. The interaction was filled with fellowship, meaningful conversations, and mutual appreciation — reinforcing the strong Rotary spirit that connects communities beyond boundaries.



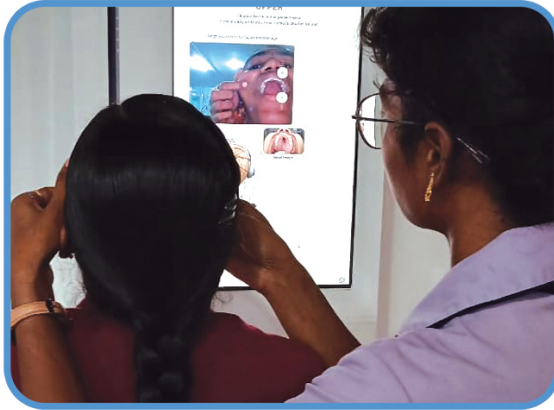
Trivia

1962: Interact - a program for youth

The first Interact club is certified on 5 November, 1962 at Melbourne High School, in Florida, USA. Interact empowers students in intermediate and secondary school to learn leadership skills.

6th Nov - Dental Awareness & Check-Up Camp

The Rotary Club of Dindigul Queen City, in association with Kumaran Dental Clinic, organized a Dental Awareness and Check-up Camp "Healthy Smile, Healthy Life" at Luxor World School, Dindigul. The camp was conducted as part of the club's commitment to promoting community health and well-being, especially among school children. A team of qualified dental professionals from Kumaran Dental Clinic carried out the screening and interacted with students, educating them on the importance of oral hygiene, brushing techniques, common dental issues, and preventive care practices. A total of 720 students benefited from the camp. Each student received an individual oral check-up and personalized guidance on maintaining good dental health. The initiative aimed to build awareness and encourage healthy habits among young learners.



11th Nov - புத்தகச்சிறகுகள்

Queencity organised an engaging competition for Interact school students under the banner "புத்தகச்சிறகுகள்". Prior to the event, Tamil storybooks were distributed to the children, and a meaningful discussion session was held to understand their insights. Students reviewed the stories with remarkable clarity and confidence. Gurumuki School, Luxor World School, Vidhyaparathi School, and Om Shanthi School participated enthusiastically. The overall shield was jointly



shared by Gurumuki School and Vidhyaparathi School, celebrating their outstanding performance.



11th Nov - Club Meet

A Club Meeting was convened to discuss key upcoming initiatives. The team reviewed the successful execution of “புத்தகச்சிறகுகள்” and held detailed discussions on the planning and organisation of RYLA, along with other forthcoming club events. The meeting was productive, with members actively contributing ideas and aligning efforts for the smooth execution of upcoming projects.



Trivia

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1965: Grants support service projects
The Foundation begins supporting club and district projects with matching grants, the first regular program to fund these service efforts.
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14th Nov -Children's Day celebration with Blossom Kids

As part of Children's Day celebrations, various competitions such as singing, fancy dress, and dance were conducted for the Blossom Kids. The children participated with great enthusiasm and showcased their best talents.



Heartfelt gratitude to our generous Rotarians for their support. Rtn. Chitra Murugan sponsored the lunch for the children in celebration of her anniversary, while Rtn. Malliga Chinnasamy sponsored the prizes for the winners. The children were delighted, and their parents were equally happy to see their little ones, shine.



17th Nov - புத்தகச்சிறகுகள்

The second round of "புத்தகச்சிறகுகள்" was conducted for Sri Vasavi Matriculation School and TPKN School, with the event hosted at Sri Vasavi Matriculation. This round saw students expressing their views with remarkable clarity, impressing and even surprising the judges with their understanding and interpretation of the stories. Sri Vasavi Matriculation School emerged as the winner of the second round.



18th Nov - RYLA

A total of 84 students from the 11th Standard of Gurumuki School, Om Shanti School, Sri Vasavi Matriculation School, and Cheran Vidhyalaya participated in the RYLA programme



held from 9.00 a.m. to 5.00 p.m. Rtn. Sriram Dhandapani, District DTWS Chairman, RAC of Karur Ilanthalir, conducted a variety of interactive activities designed to help students build essential skills and values. His energetic session kept the students fully engaged, and they listened with keen interest and complete attention.

Rtn. L. Ramanathan, Managing Partner of Sree Vinayaga Screens and Vocational Training Team District Chairman, addressed the students on goal setting. He explained how to set meaningful goals; stay focused, and work consistently to achieve success. He encouraged the students to visualise where they want to be in five years and to work both hard and smart to reach their vision. A highly inspiring and impactful RYLA session that motivated the students towards personal growth and future excellence. Rtn. Sriram Dhandapani delivered the closing remarks for the RYLA and honored Mr. RYLA and Ms. RYLA with prizes, appreciating their outstanding participation. The Chief Guest, Rtn. PDG P. Gopalakrishnan, District Learning Facilitator, addressed the gathering with an inspiring message on the importance of RYLA and how such programmes shape confident, value-driven young leaders.



Felicitation for Rtn.Malliga Chinnaswamy

A special highlight of the day was felicitating Rtn. Malliga Chinnasamy who received The Avenues of Rotary Award for the year 2024–2025 for her selfless service towards the community and people who are in need. The Queens surprised her by presenting it on the RYLA stage. It was an overwhelming and emotional moment, as she stood as a true role model for the students. Queencity, Guests from other Clubs, Students and Teachers are immensely proud of her achievement and we look up to her in the way she builds and works for a better community..



21st Nov - Cervical Cancer Awareness Program

Queencity conducted a Cervical Cancer Awareness Program at Holy Cross High School, Dindigul. Rtn. Parkavee addressed the students and created awareness about cervical cancer and the importance of vaccination. She explained in detail the number of doses required, the appropriate age for vaccination, and the intervals between each dose. The session was delivered clearly and effectively, ensuring that both boys and girls understood the importance of early protection and awareness. A meaningful initiative contributing to the health and safety of young students.



24th Nov -Joint Meet New Member Orientation Programme

A New Member Orientation Programme was conducted at RKG Hall, Dindigul, along with RC of Dindigul Dreams to familiarise newly inducted members with the vision, mission, and functioning of Rotary. The session was led by Rtn. Kumarappan, District Secretary – CSR, District Chairman – Awards, and Charter President of Rotary Club of Madurai Innovators. He delivered an insightful presentation. He elaborated on each aspect with clarity, helping the new members understand their roles and responsibilities within the club. The resource person also highlighted the significance of teamwork, leadership, and commitment in strengthening Rotary's initiatives. The session was highly interactive, with new

members actively engaging, asking questions, and showing genuine interest in learning more about Rotary. The programme concluded on an encouraging note, motivating the members to participate enthusiastically in all future club activities and service projects.



24th Nov - Installation of Rotary Club of Dindigul Dreams:

Queencity, proudly installed its new club, RC of Dindigul Dreams. The Installation-Ceremony of the New Rotary Club of Dindigul Dreams was held with Unity and Upliftment on November 24th, 2025, at 6:45 PM at the RKG Rotary Hall, Dindigul. The event brought together Rotarians, dignitaries, and well-wishers to celebrate a proud milestone and mark the beginning of a new chapter of leadership and service.



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Trivia 1965: Group Study Exchange
 Through the Group Study Exchange program, teams of young business professionals visit each others countries to learn their culture and gain business insights.

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**The spotlight of the ceremony was the installation of the
Dream Team for the Rotary Year 2025–26:**

- ✦ Charter President: Rtn. V. Lakshmana Prabhu
- ✦ Charter Secretary: Rtn. S. Nagarajan
- ✦ Charter Treasurer: Rtn. J. Guru Venkatesh

In his acceptance speech, President Rtn. Rtn. V. Lakshmana Prabhu introduced the Office bearers and their upcoming projects. Guest of Honour Rtn. PDG Gopalakrishnan, District Learning Facilitator, appreciated the successful projects of the Queencity and motivated the new leadership to take up fresh and purposeful initiatives. Chief Guest Rtn. J. Karthik District Governor 2025-2026, appreciated Queencity for their efforts and highlighted the importance of Rotary. He insisted the new team to create impactful projects that support the vulnerable and strengthen the collective well-being of the society.

24th November Board Meet

Board meet was held at RKG Rotary Hall. Club Administration, projects, Various committees for the forthcoming year was discussed and various suggestions and ideas were noted down.

Queens Across Rotary

Pre AGLS

Knowledge and work are interconnected. The more you know the more your performance and outcome can be improved. This was targeted at Pre AGLS meet at Tekkady. RLI 1 and RLI 2



were completed by the Regional Coordinators and Assistant Governors for the upcoming year. Also plans to give the best in the upcoming year were also discussed. The Meet brought together the Rotarians as said in Rotary Fellowship connecting and knowing Rotarians across different clubs.

எதிரொலி

Rtn. Kavitha Senthilkumar, empowered the students at Hayagri Var Marti Hr Sec School, Palani and cognized the young minds against Violence towards Children and women on 19th Nov.



வாங்க பழகலாம்

Rtn.R.Subramani @ RBS Mani organised a meet at Hotel Swagath Grande, Dindigul for the upcoming Regional Coordinators, Assistant Governors, President Elects and Secretary Elect in the Dindigul Region. The meet focused on getting to know each other- the ice breaking session, dates for PETS and SETS and plans for the next year were also discussed.



Trivia 1968: Rotaract targets young adults
 Rotary certifies its first Rotaract club at the University of North Carolina at Charlotte in the U.S. Rotaract is created as a program for college-age students and young professional, but in 2019 Rotaract clubs are redefined as a unique type of membership in Rotary.

Across Queens Family

Medical Admission

Annet Uma Meenakshi, Daughter of Rtn.Parkavee Santhosh has got merit seat at PIMS Medical College, Pondicherry. Queens wish her the very best for her future endeavours.



National service Scheme

Rtn.S.Saranya, our young and dynamic Lawyer spoke at PSNA College of Engineering and Technology on Indian Constitution Day. She made the students realize our constitution and also made them aware of our rich history and facts of our Indian Constition.



Heaven of Talent

Annet S.Sahanaa, daughter of Rtn.Hemalatha won the first place in Solo Dance(8-16 age group), Heaven of Talent conducted by RID 3000 and has been selected for next round held on Dec 7th at Trichy.



Nostalgic moments

Nostalgic moments are those that evoke a sentimental longing for the past, often bringing a mix of positive and bittersweet emotions. Let us go back to refresh, learn, share and take a positive action from the past.



Rtn.PP.PHF.C.Malliga



Rtn.Dr.Sharmila Balaguru



Rtn.N.Malathy



Rtn.PP.PHF.M.Vanitha



Rtn.S.Nalena



Rtn.R.Anuradha



Rtn.PP.PHF.D.Sharmila

Upcoming Events

DATE	EVENTS
5th Dec	Interact meet
6th Dec	Foundation Seminar
9th Dec	Club Meet
10th -14th Dec	International RYLA
11th & 12th Dec	HPV Vaccination Camp
12th - 14th Dec	Women's RYLA
14th Dec	Board Meet
16th Dec	நிலாமுற்றம்
18th Dec	Donation at Old age home
21st Dec	Queen's Jaunt
24th Dec	Christmas Celebration
30th Dec	New year Celebration
All Tuesdays	Blossom
All Thursdays	Clubfoot

Birthdays & Anniversary

Wishing Beautiful Queens remembering their Birthday

“On your special day, may you feel as awesome and extraordinary as you make everyone else feel every day. Happy birthday, my amazing friend!”

BIRTHDAYS	
2nd Dec	Rtn.Prema Murugan
8th Dec	Rtn.Vanitha Muraidharan
10th Dec	Rtn.Padmashini Balu
10th Dec	Rtn.Arul Mercy SenthilKumar
18th Dec	Rtn.Sujana PandiyaRajan
27th Dec	Rtn.Aarthi Senthilkumar

Wishing Beautiful Queen remembering their Anniversary

“Wishing you both a lifetime filled with adventure, laughter, and endless love.”

ANNIVERSERIES	
10th Dec	Rtn.Rani Natarajan

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