



UNITE
FOR
GOOD



ROTARY CLUB OF DINDIGUL ^{QUEENCITY}

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CLUB NO 052305

WATER AND SANITATION MONTH
MARCH

Queens Herald



Rtn. FRANCESCO AREZZO
RI President 2025-2026




Rtn. J. KARTHIK
District Governor 2025-2026

Rtn. RAJATHI KAMALAKANNAN
President

Rtn. AMSAVALLI PANDIAN
Secretary

Rtn. AARTHY MUKESH
Editor

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EVERY DROP FUELS ROTARY'S MISSION

Editor's Note

Dearest Rotarians,

Habits refer to physical and mental habits. Conditioned habits are learned, automatic behaviors or responses triggered by specific cues or environments, developed through repeated association or reinforcement. Once established, these habits run automatically, making them difficult to break without conscious effort and repetition of new behaviors. These habits can work through our utmost detriment or to our absolute benefit.

People develop harmful habits within their self and find it; they are in the grip of chemical addictions laziness, negativity, despondency. We are tired after a day's work. We feel drained and oppressed. So as a form of relief we sit in front of a TV as we enjoy food. The consequence of this is, we feel mental relief and sensual pleasure.

If we repeat the same for a month, our mind creates a habit chain. Now as we get exposed to this, our mind automatically triggers to watch TV and eat. And we indulge in it for the reward of little pleasure. This pleasure makes the habit stronger than the mind.

When ever we wish to do any activity the brain fires up neurons with its self programming ability and creates short cuts for it and this makes it easier to fall for the habit again and again. But our brain is neuroplastic, we can either neglect it or allow bad habits to get established. We can control it and adorn ourselves.

It is the question of struggling hard in the beginning to get establish the good habits. Exert yourself in forming a good behavior which will become a second nature. To change a habit make conscious decision, then act out the new progressive behavior. A change of small little habit can change your world more beautiful.

"A very small swift in direction can lead to a very meaningful destination."



Aarthy Mukesh,

Editor,

Rotary Club of Queencity Dindigul.

RI Presidential Address

2025-26

March 2026

Water connects us all. From a river in a remote forest to a stream running past a city neighborhood, freshwater ecosystems sustain humanity. Yet these waters are increasingly under strain. Pollution, overuse, and climate pressures remind us that protecting freshwater is a global challenge.

Rotary has always believed change begins within communities. Now we are working to see how far the impact of community action can travel. When local service is connected, measured, and shared, it becomes a force that extends beyond geography and borders.

A water project led by the Rotary Club of Panamá Nordeste exemplifies this idea. The project served Indigenous communities in Panama's Darién province, a region accessible only by canoe and small boat. With no roads, limited electricity, and reliance on untreated river water, families faced serious health risks.

To reach these communities, Rotarians had to rethink how supplies and services could be delivered. Working with a partner club in the United States and a specialized water organization, they introduced solar-powered water treatment systems for an area without access to an electrical grid. Local leaders were trained to operate and maintain the system, ensuring that clean water would continue flowing long after installation crews departed.

The results were immediate. Children who once missed school due to illness returned to classrooms. No longer needing to haul water from rivers, adults gained time and strength to work and support their families. What began as a water project became a foundation for healthier, more resilient communities.

This is how we extend our reach: combine local leadership with global partnerships, technical expertise, and long-term thinking.

That same spirit is at the heart of Rotary's partnership with the United Nations Environment Programme through the Community Action for Fresh Water initiative. Around the world Rotary and Rotaract clubs are restoring waterways, protecting wetlands, and safeguarding vital freshwater sources. By collecting data to map and measure this work, we can

better understand its impact and show how local service contributes to worldwide solutions.

Data is not an end. It is a tool that helps us learn and improve so that Rotary's service delivers real, measurable change. Each project entered and each waterway restored adds to a shared story of stewardship and responsibility. You can learn more and get involved at communityactionforfreshwater.org.

As we observe Water, Sanitation, and Hygiene Month, I encourage you to reflect on the freshwater systems that sustain your community and the role Rotary can play in protecting them.

When we connect local action to a global vision, we strengthen Rotary's ability to make lasting change. Together, by extending our reach and working side by side, we truly Unite for Good.



Rtn. Francesco Arezzo
RI President 2025-2026

vaccination camps



Presidential Address

ரோட்டரி நண்பர்களுக்கு வணக்கம்

பெப்ரவரி மாதம் எங்கள் கிளப்பிற்கு மிக முக்கியத்துவம் வாய்ந்த மற்றும் அர்த்தமுள்ள செயல்பாடுகளால் நிரம்பிய மாதமாக அமைந்தது. எங்கள் கிளப்பின் Signature Project ஆன Cervical Cancer Vaccine Camp, Madurai மற்றும் Sivakasi ஆகிய நகரங்களில் வெகு சிறப்பாக நடைபெற்றது. 4000-க்கும் மேற்பட்ட மாணவ, மாணவிகள் தடுப்பூசி செலுத்தப்பட்டு பயன் பெற்றனர்.

அதனைத் தொடர்ந்து Trash to Trees, பகிர் உடைசுவர், Old Age Home Donation போன்ற சமூகநலத் திட்டங்களும் சிறப்பாகவும் வெற்றிகரமாகவும் நடத்தப்பட்டன.

இனி வரும் மாதங்களிலும் இதைவிட உயர்ந்த தரத்தில், சமூகத்திற்கு உண்மையான மாற்றத்தை ஏற்படுத்தும் புதிய மற்றும் பயனுள்ள திட்டங்களை முன்னெடுக்க உறுதியாக உள்ளோம்.

நன்றி.



நன்றியுடன்,
Rtn.Rajathi KamalaKannan,
President, 2025-26, RC of Dindigul Queencity.



Spectacular Moments in the month of March

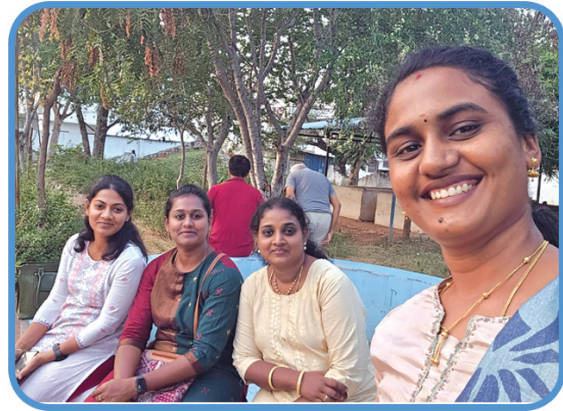
“Through every effort in February, we built momentum that will carry us forward.”

Article By
Rtn.Dr.Shakthi Sri



6th February – நில்லா முற்றம் at MVM Park

Queens celebrated the நில்லா முற்றம் of this month at MVM Park, which has been maintained by Queen City for the past two years. Stories were shared with joy and excitement. The discussion focused on park maintenance and its improvement. An amount of Rs.12,000 was given as salary to the workers, sponsored by Rtn. Yuvasaratha.



6th February – Club Meet

A club meet was conducted as a continuation of நில்லா முற்றம் at Rtn.Kavitha Senthilkumar's residence. The Queens discussed the upcoming projects such as Governor's Official Visit and documents to be submitted. Preparation of pending work was planned to complete. Queens who completed their work on time were appreciated. Next year's plans were also discussed. The event ended with several fun-filled games and delicious dinner prepared by Rtn. Parkavee Santhosh.



16th February - Donation of Solar Light

The solar lights donated to Blossom Centre; sponsored by Rtn. Lalitha last month was fixed. The Queens visited the centre and honoured Rtn. Lalitha for her generosity. They interacted with the children at Blossom Centre and enquired about their health and medications. The time spent with the children was heart-filled with contentment for the Queens.



17th February – HPV Awareness Program at Yadava College, Madurai

An awareness program was conducted on "Significance of Cervical Health & the Role of HPV Vaccine." The event was conducted in five separate sessions with different sets of students. Three sessions were handled by Rtn.Parkavee Santhosh and two sessions by Rtn.Kavitha Senthilkumar. Awareness was given about cervical cancer and its prevention, the role of the HPV vaccine, and who is eligible and not eligible for vaccination. Students raised queries and had their doubts clarified.



17th February – Galantines Day Celebration

Galentine’s Day was celebrated by the Queens at City Square, Dindigul. Most of the Queencity members participated in the celebration. The Queens enjoyed a lot by conducting fun-filled games, which brought them closer as a family and helped them understand each other better. The new members got the opportunity to connect with the senior members. The Queens also enjoyed taking reels and pictures for public image purposes.



Trivia 1919 (Sept 26): First meeting of the Rotary Club of Calcutta convened.
 1920 (Jan 1): Rotary Club of Calcutta receives its charter, the first in India.

1991-92: Rajendra K. Saboo becomes the second Indian to lead Rotary International.
 1995: National Immunisation Days launched with the Indian government to eradicate polio.

Trivia

17th February – Board Meeting

A board meeting was conducted at City Square after the Galantines Day celebration and dinner. The upcoming projects were discussed and office bearers such as chairman and secretary for each individual project were finalised for the upcoming year. Their roles and responsibilities were also discussed.

18th February – Chronicles of Dindigul

“Chronicles of Dindigul” – An Art Competition was conducted last month on the occasion of Republic Day to interact with school students. The artworks of Gurumuki School students were evaluated, and the prize winners were announced. A total of 120 students from Grades 6–9 participated in the competition. Prizes were awarded to the winners, and all other participants were appreciated for their tremendous efforts. Rtn.Aarthy Senthilkumar, encouraged the children in creating their own history as the children were amazed to read a lot about Dindigul’s History



Trivia

.....
1921: S.C. Rudra becomes the first Indian to be inducted into the club.

1929: Clubs established in Bombay (chartered May 8) and Madras.

.....
1931-32: Provisional District A formed (covering India, Burma, Ceylon, Afghanistan), later becoming District 89.

1936-37: First Rotary District Conference held in Madras.

Trivia

Gurumuki students art work



23rd February – Rice Bag and Mat Donation

The Queens donated rice bags to an old age home at Bharathipuram, Dindigul, as they do every month. This month, the elders were also provided with twenty mats. The Queens are thankful to Mrs. Maya for sponsoring the mats whose generous heart is filed on giving out the best for elders.



24th February – பகிர் உடைசுவர்

பகிர் உடை சுவர் was announced for the students of Sri Vasavi Matriculation School to collect clothes for the needy. Interactors put on their efforts and collected nearly half a room of clothes and they were curious as to why these projects were undertaken. Rtn.Nalina shared her views on sharing and charity on the day of collection of clothes so that the children would develop the art of giving and understand reason behind involving the children.



Trivia

1945: Rotary Club of Cuttack established, becoming the 7th club in the district.

1946-47: Post-independence growth leads to 71 clubs and 3,121 members.

24th February – Trash to Trees

As a continuation of பகிர் உடை சுவர், the “Trash to Trees” program was also conducted at Sri Vasavi Matriculation School. The students collected additional waste from the campus and their homes. The waste was gathered and sent for recycling. An amount of Rs. 1,200 was received from the recycled materials, which will be used for planting trees on the school campus. Through this initiative, the students learned the importance of recycling waste, generating funds responsibly, and utilizing the money in a productive and meaningful way.



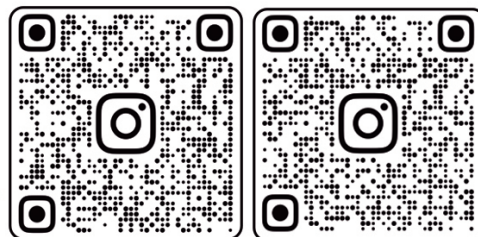
27th February - Club Foot

The Club visit was conducted as usual. Rtn.Malliga sponsored 50 pairs of shoes for the Club Foot children. The Queens enquired about the health and treatment of the children. Rtn.Chithra Jeyan donated Rs. 5,000 towards the Club Foot initiative. The parents expressed their heartfelt thanks to Queencity, Rtn.Malliga and Rtn.Chithra Jeyan for their generous gesture. Hereafter the Club Foot visit will be conducted every Friday, it was on every Thursday previously. Queens checked the newly arrived sets of shoes from Delhi, verified the shoe sizes.



HPV Vaccinations Marathon

We are all one and together we can make miracles for the betterment of the society. This HPV marathon which was efficiently organised by Rtn.Kavitha Senthilkumar and Rtn.Parkavee Santhosh was made possible with the wholehearted support of our respected District Governor Rtn.J.Karthick and the dedicated District Cervical Cancer Team led by Rtn.Ramesh and Rtn. Kumarappan in association with Tamilnadu Mercantile Bank. Queencity extends its heartfelt thanks to every volunteer; supporter, sponsor, and participant who contributed to making this mission a grand success.



23rd February– Joint Vaccination Camp at St. Peters School

A Cervi Cure vaccination camp was conducted by the Queens with the RC of Batlagundu NewGen and RC of Theni Stars. The camp was organized at DMC Hospital, Batlagundu. A total of 256 children were successfully vaccinated during the camp.

24th February– Joint Vaccination Camp at Madurai Medical college

Queencity along with RC Of Madurai Innovators vaccinated 1700 MBBS Madurai Medical college students with HPV vaccinations which were sponsored by Rtn.Vandhana Balla from RC of Delhi South.

25th February– Joint Vaccination Camp at Sivakasi

A Cervi Cure vaccination camp along with Inner wheel club of sivakasi gold was successfully conducted at Sivakasi with the aim of promoting preventive healthcare among children. The initiative received an encouraging response, and a total of 800 children were vaccinated during the camp. The students of PSR College and school students from the general public were given Vaccines. Both the club are thankful to Rtn.Vandhana Balla from RC of Delhi south for sponsoring the event.

25th February– Joint Vaccination Camp at Madurai Medical College

The Queens conducted a mega vaccination camp with RC of Madras and RC of Theni Stars in association with Reddington Association who sponsored the vaccinations. A total of 1,500 nursing students were successfully vaccinated during the camp.



Queens Across Rotary

Felicitation Ceremony

Various RI Distriicts across tamilnadu recognised, honored, and celebrated Rtn.AKS.Er.M.Muruganandham for his exceptional achievements, dedication, and milestones as he was first and youngest Tamilian to rise to the office of RI Vice President . Queens were proud to be a part of the event.



Across Queens Family

Book Launch

"Manifest you dreams with gratitude"- book by R.P.Vellichamy was launched at Mahatma Mind Care Hosptial, Vadamadurai by Publisher Rtn.Dr.Sharmila Balaguru on 20th Feb 2026. The book received several positive reflections from people across various fields.



Hotel Siva's Grand and Restaurant

Rtn.Hemalatha renovated and have started her Hotel Siva's grand and Restaurant on 20th Feb 2026 at Palani bypass. The food and Ambience was much appreciated by everyone on their opening.



Dr.Dharsan's PG Journey

Annet Dr.Dharshan, son of Rtn.Dr.Sharmila Balaguru is joining his PG in Psychiatry journey (M.D) at sree Mookambika Institute of Medical Science, Nagercoil.



Nostalgic moments

Nostalgic moments are those that evoke a sentimental longing for the past, often bringing a mix of positive and bittersweet emotions. Let us go back to refresh, learn, share and take a positive action from the past.



Upcoming Events

DATE	EVENTS
6th March	நிலா முற்றம் and Holi
6th March	Iftar Party
9th March	Club Assembly
11th March	Speaker meeting on women's day
12th March	Interact Activity
16th March	HPV Vaccination
17th March	Board meeting
21st March	Governors official visit
27th March	Queen's Jaunt
All Tuesdays	Blossom

Birthdays & Anniversary

Wishing Beautiful Queens remembering their Birthday

"On your special day, may you feel as awesome and extraordinary as you make everyone else feel every day. Happy birthday, my amazing friend!"

Wishing Beautiful Queen remembering their Anniversary

"Wishing you both a lifetime filled with adventure, laughter, and endless love."

ANNIVERSERIES	
3rd March	Rtn.Rajathi Kamalakannam
6th March	Rtn.Aarthy Senthilkumar
8th March	Rtn.Janaki Ravi
11th March	Rtn.Malathy Natarajan

BIRTHDAYS	
3rd March	Rtn.Anuradha Ramesh
14th March	Rtn.Susila
15th March	Rtn.Dr.Sharmila Balaguru
20th March	Rtn.Vijayalakshmi
29th March	Rtn.Saranya Sivakumar

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